

You can be a volunteer



Easy English

Hard words



This book has some hard words.

The first time we write a hard word

- the word is in **blue**
- we write what the hard word means.

You can get help with this book



You can get someone to help you

- read this book
- know what this book is about
- find more information.



We will write contact information at the end of this book.

About this book

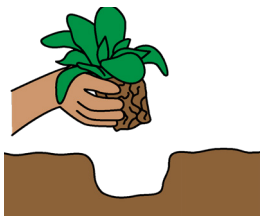


This book is by the Department of Families, Fairness and Housing or DFFH.

DFFH is a government body that looks after services for people in Victoria.

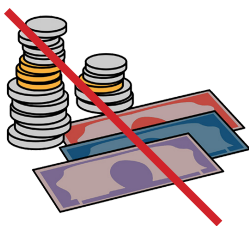


This book is about how you can become a **volunteer**.



A volunteer

- works for a good cause
 - for example, to help people or nature

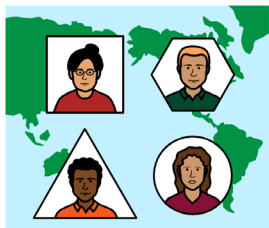


- is **not** paid money.



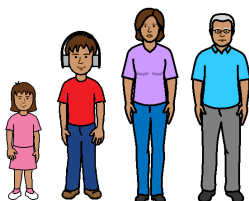
We need more volunteers in Victoria.

Who can be a volunteer?



You can be a volunteer no matter

- where you come from



- how old you are

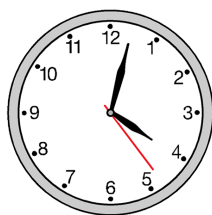


- what your ability is.

You can be a volunteer with disability.



You can also be a volunteer if English is **not** your first language.



You only need to

- have time



- enjoy helping others.

What skills do you need?



Skills means what you are good at.

For example, cooking.

Everyone has a skill that can help others.



Maybe you are good at

- talking to people
- making people smile
- looking after animals.



You do **not** need special skills to be a volunteer.

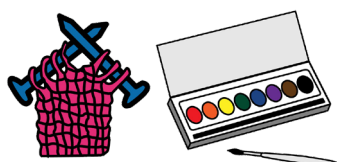
What can you do as a volunteer?

There are many types of work for volunteers.



Sports

You can help out at your local sports club.



Arts and craft

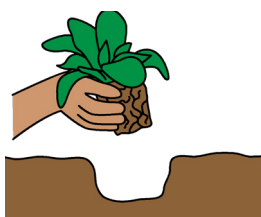
You can make things for others.

For example, knit blankets for homeless people.



Community care

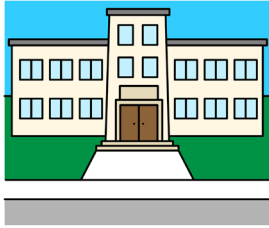
You can help to deliver food to people in need.



Nature care

You can help a local bush care group.

For example, plant trees.



School

You can help out at your local school.

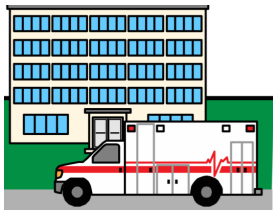
For example, help children with homework.



Animals

You can care for animals that need help.

For example, rescue dogs.

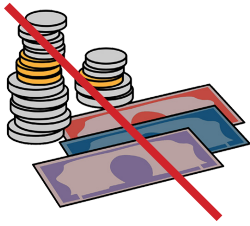


Health

You can volunteer at a hospital.

For example, to guide visitors.

Why should you be a volunteer?

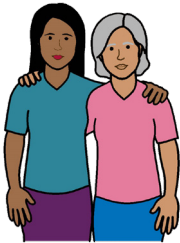


You will **not** get any money when you volunteer.

There are other good reasons to volunteer.

Good reasons to volunteer can be

- it gets you out of the house



- you make new friends

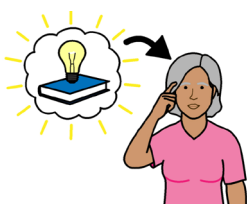


- you will help the community

- you can learn about other cultures



- it feels good to help others



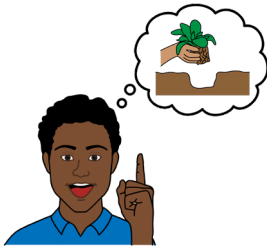
- you can learn something new.

You can also get new ideas about your future when you volunteer.



For example, ideas about

- what you can study
- what other work you can do.



Some people find a new paid job because they volunteer.

How can you become a volunteer?



You can go to our website to find a volunteer job in your area.

Go to

volunteer.vic.gov.au/ready-volunteer



More information

For more information visit our website.



volunteer.vic.gov.au/ready-volunteer

If you do not speak English



Contact the Translating and Interpreting service or TIS.



Call 131 450

Give the TIS officer the phone number you want to call.



If you need information in another language

Go to our website.



volunteer.vic.gov.au/campaign-resources



If you need help to speak or listen

Contact the National Relay Service.



Website

infrastructure.gov.au/national-relay-service



Call 1300 555 727

Give the relay officer the phone number you want to call.

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